# LEGENDARY DELAWARE COUNTY WOMEN'S WIDE WORLD OF SPORTS

**EXHIBIT** 





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#### DELAWARE COUNTY WOMEN IN THE NATIONAL LACROSSE HALL OF FAME



Courtesy of US Lacrosse • www.uslacrosse.org • Joe Finn Archivist www.mickeyvernonsportsmuseum.com



## Virgina Allen Field Hockey & Lacrosse

Viginia Allen attended Media High School and Temple University where she was an outstanding all-around athlete. At Temple, she was named to several All-Philadelphia teams in Field Hockey and earned All-American honors in Lacrosse. After graduation in 1923, she began teaching and coaching at Swarthmore High School. Initially, she coached Field Hockey and Basketball, but in 1931 she established a Lacrosse program. For the next 27 years, her Lacrosse teams would not lose a game. From 1931 until 1958, Allen's teams would never see defeat and would establish a record that may never be broken in our county. In 1975, Allen was one of the first women to be inducted into the Temple University Sports Hall of Fame. She is also a member of the National Lacrosse Hall of Fame

## **Putty Willetts**Field Hockey & Lacrosse

Alice Putnam Willetts was an outstanding all-round athlete at Swarthmore High School where she played for the legendary Virginia Allen. At Temple, she was the Owls' field hockey captain and made the All-College hockey team for four consecutive years. She also played on the United States field hockey and lacrosse teams for 12 years, serving as captain for both teams in 1955. After graduation, Alice coached with Allen at Swarthmore and then had stints at Swarthmore College and Shipley before becoming the head coach at Swarthmore High in 1962 after Virginia Allen retired. For the next 21 years, she would lead the hockey team to a 155-20 record, with five undefeated seasons and three league titles when she retired in 1983. She also had three undefeated seasons in basketball and



one in lacrosse. In forty years of coaching, she never had a losing season. Putty is in both the National Lacrosse Hall of Fame and National Field Hockey Hall of Fame. Photo courtesy of Gudmund Iverson

Much of the information in this program book was obtained from Rich Pagano's publication

Delaware County Sports Legends

#### DELAWARE COUNTY COLLEGE LACROSSE COACHES

COACH	HIGH SCHOOL ATTENDED	COACHING COLLEGE
Laura Brand-Sias	Radnor	Rutgers
Carol Daly-Cantele	Nether Providence	Gettysburg
Jill De Petris	Archbishop Carroll	Bryant
Jane Diamond-Barbieri	Springfield	U of Texas
Megan DiCave	Ridley	Virginia Wesleyan
Karen Emas-Borbee	Penncrest	Swarthmore
Mary Ann Foley-Schiller	Marple Newtown	Haverford
Erin Fitzgerald-Stroble	Garnet Valley	Ursinus
Katie Hagan	Cardinal O'Hara	Ursinus
Kate Henwood	Garnet Valley	Cal-Davis
Heather Holt	Radnor	Old Dominion
Tara Kelly-Brown	Radnor	William and Mary
Kristen Kimmel	Haverford	Duke
Carole Kleinfelder	Archbishop Prendergast	Harvard
Laura Korutz-Cook	Penncrest	Sacred Heart U.
Christy Malone	Archbishop Prendergast	Neumann
Stephanie Markunas	Ridley	Gwynedd Mercy
Megan McGonagle Davis	Sun Valley	Marist
Jackie Neary	Ridley	Cabrini
Paula Petrie	Springfield	Lewis and Clark
Liz Robertshaw	Strath Haven	Boston U.
Chris Sailer	Haverford	Princeton
Jo Ann Salusto-Harper	Penncrest	Dartmouth
Karen Schnellenbach	Ridley	Penn State
Katrina Silva	Strath Haven	Virginia Tech
Sue Stahl	Upper Darby	Old Dominion
Candace Taglianetti	Haverford	LaSalle
Katie Tarr	Garnet Valley	Bryn Mawr
Cindy Timchal	Haverford	U.S. Naval Academy
Julie Weiss	Marple Newtown	LaSalle

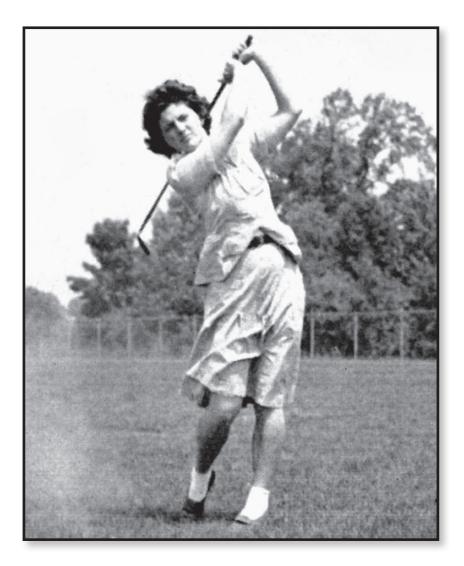
#### DELAWARE COUNTY COLLEGE FIELD HOCKEY COACHES

СОАСН	HIGH SCHOOL ATTENDED	COACHING COLLEGE
Andrea Bradley	Upper Darby	Syracuse
Karen Emas-Borbee	Penncrest	Swarthmore
Dr. Ruth Jones	Eddystone	Purdue
Barbara Jordan	Penncrest	Gettysburg
Chris Larson-Mason	Interboro	Williams
Sarah Madrak-Kurpel	Archbishop Prendergast	Neumann
Joanie Milhouse	Country Day School of Sacred Heart	Villanova
Charlene Morett	Lansdowne Aldan	Penn State
Karen Shelton	Marple Newtown	U of North Carolina



**Jean Shiley** *High Jump Gold Medalist* 

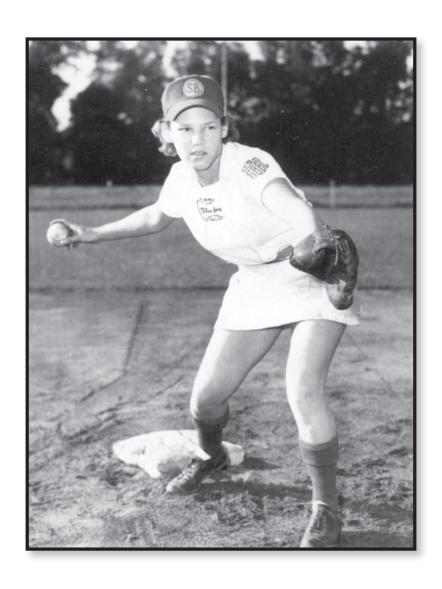
At the 1932 Olympics in Los Angeles, Jean Shiley defeated the great Babe Didrickson in the high jump and captured the gold medal. At that time, Shiley was recognized as the premier women's high jumper in the world. Shiley, a 1929 graduate of Haverford High School, was an All-Suburban field hockey player and a member of the Fords' undefeated basketball team. As a high school senior, she also competed in the Olympic Games in Amsterdam where as a 17 year old, she just missed winning the bronze medal.



**Dorthy Germain - Porter** *Golf Champion* 

A multi-sport athlete at Upper Darby High and Beaver College, she was a member of the Royals' golf team for three seasons (1941-42-43). She took up golf at the age of 11. She once called golf a "silly" game and followed her father's instructions when she took junior golf classes. She was a long-time member of the Llanerch Country Club. The highlights of her lengthy career were her victories in United States Golf Association events. She triumphed at the U.S. Amateur at Merion Golf Club in 1949, 11 months after giving birth to her daughter, Nancy, and while two months pregnant with her second child. She won the U.S. Senior Women's Amateur title in 1977, 1980, 1981 and 1983 and is one of 17 golfers to win four or more USGA individual titles. She also was a member of the victorious 1950 Curtis Cup team, which defeated Great Britain and Ireland, 71-11, and she captained the 1966 Curtis Cup team that defeated Great Britain and Ireland, 13-5. She also captained a USGA squad in the Women's World Team competition in Hong Kong in 1984. She won nine Philadelphia Women's championships (1946, '56, '59, '62 '69 '70, '73 '83 and '92, three Pennsylvania State titles (1946, '52, '55) and many other local tournaments.

Sponsored by: Museum volunteers, Bill Mingey, Bill Ruane, Brad Halverson, Ed Finley, John Pfander and Cameron Mauger



Gertie Dunn Baseball, Field Hockey, Lacrosse & Golf

Played in the All-American Girls Professional Baseball League. Batted .299 in the final year and had a lifetime batting Average of .261. She played Shortstop for the entire four years, ending up with a .919 lifetime fielding average. Career Highlights: Voted "Rookie of the Year" in 1952. A consistent shortstop just coming into her prime when the league folded. Her athletic career included 13 years with the U.S. hockey team and seven years with the U.S. lacrosse team. A United States Field Hockey "Hall of Famer". Maintained a six handicap for over 20 years in the Philadelphia Golf Association and was Delaware State Champion in 1980. A Graduate of Sharon Hill High School, where she played varsity field hockey, basketball and softball. Gertie was inducted into the National Lacrosse Hall of Fame in 2007.

**Sponsored by: Sam Minutola** 

#### Patricia Mescanti

#### Professional Tournament Bowler

Mescanti began bowling in 1957 and won her first tournament, New York Journal American Doubles, in 1959. Since 1962, her career has included multiple wins in Singles, Doubles and All Events in City and State Tournaments in Pennsylvania, New Jersey and Delaware. Included in her tournament wins are the William Penn Classic Women's Singles, Herb Beckford's Queens Eastern Classic, Women's All Star Association 1971, Lebanon Dutchman Scratch Mixed Doubles 1973, a fifth place finish in singles in the WIBC National Tournament 1969 (San Diego) and last, but surely not least, she won the Kegler Showcase Tournament (1969) averaging 196 in qualifying and 221+ in the finals. Mescanti represented New Jersey in the BPAA National All Star Tournament (1964), and Delaware in the inaugural year of the USA Regional Team Trials (in VA). Bowling in six LPBA tournaments, she qualified for finals four times.

Patricia is a charter member of the Ladies Professional Bowling Assn. (no longer in existence) and a founding member of WASA. She was the first woman to bowl in a men's major league in Delaware (1965) and Pennsylvania (1970). Sanctioned High average 198, High Series 783, High Game 299.

Inducted Delaware County Athletes Hall of Fame 1988 Wilmington Women's Bowling Hall of Fame 1989 Delaware State Women's Bowling Hall of Fame 1989



## **Sadie Dixon-Waters**Professional Tournament Bowler

A native of Boothwyn, Mrs. Waters started her bowling career in the late 1940s. She won city and state titles for five consecutive years, finished eighth in the World's Invitational Tournament, and placed second in the WIBC Queen's Tournament in Phoenix, AZ, where she bowled a 289 game.

Mrs. Waters was inducted into the Philadelphia Women's Bowling Association Hall of Fame in 1983. She has the distinction of being the first Afro-American woman to become a member of the Ladies Professional Bowlers Association and be signed the bowling staff of Brunswick Corporation.

Photo courtesy of Delco Daily Times

Page Sponsored by: The Canasta Girls Jane, Marion, Margaret, Kathleen, Carol, Terri and Ellen Anne



**Karen Anderson** *Olympic Javelin Thrower* 

Karen Anderson, an outstanding all-around athlete at Lansdowne-Aldan High School, was one of the best javelin throwers in the world from 1955 to 1960. She is one of only a handful of Delaware County athletes to compete in two Olympic Games. She competed in the 1956 and 1960 Games, finishing as high as eighth place. Karen, who was also a national champion and Pan American gold medal winner, set a new American record almost every time she threw the javelin.



#### **Doris "Tiz" Martin Griffith**

Field Hockey & Lacrosse

Doris "Tiz" Griffith is a graduate of Upper Darby High School, where she played field hockey and basketball. She became an outstanding varsity athlete at Temple University, playing four years on their field hockey and lacrosse teams.

During her career at Temple, she made numerous All-College field hockey teams, culminating in being named to the All-American teams in 1960 and 1961. Tiz received the WAA Blazer Award in her junior year and the Temple University Award in 1962. In 1984, she was honored by Temple by being inducted into their Athletics Hall of Fame.

After graduation, most of her graduate career was spent at Penn State Delco---now Penn State Brandywine--where she served as an instructor in Physical Education and Kinesiology as well as Athletic Director from 1981 to 2007. Given her background in sports, it is easy to understand how "Tiz" was instrumental in starting the field hockey program at the Delaware County campus of Penn State

#### **Barb Doran**

#### Field Hockey & Lacrosse

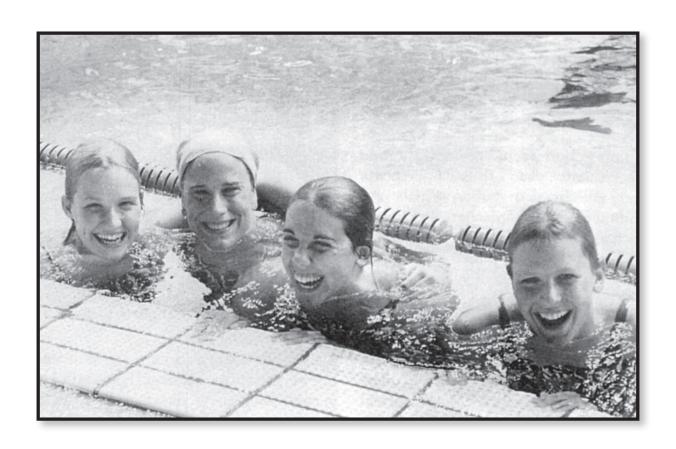
Barbara Doran has had an active career in both sports and business. A Ridley High School graduate, she went on to Penn State, where she graduated with a BA in English. While there, she was selected as a US Lacrosse All-American in 1975 through 77 as a member of their Lacrosse team. She played three varsity sports at Penn State-field hockey, basketball and lacrosse-beginning in her freshman year, and was co-captain in lacrosse and field hockey. After Penn State, she worked in publishing-initially as a journalist and later at Sports Illustrated in Ad Sales and Conde Nast Publications in circulation on the business side--after which she went on to obtain an MBA from Harvard Business School.

Barbara has been a member of both the United States Women's Lacrosse Team and the United States Field Hockey Team, representing the US in international competition. She is, or has been, a member of numerous nonprofit boards, including Outward Bound, the Foundation for Child Development, MCC Theater, and the US Field Hockey and US Lacrosse Associations. She is also a published writer on sports and investments and remains an active sportswoman.

Currently, Barbara is a Portfolio Manager/Wealth Advisor at Morgan Stanley in New York. She is also a member of the Board of Trustees at Penn State, serving on the governance and finance committees. This June, she will be playing with the US Over-50 team in the Masters World Cup field hockey tournament in Rotterdam, Netherlands.



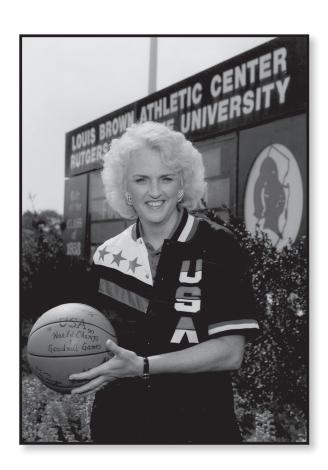
Page Sponsored by: Christine Kassab Powell



**Jane Barkman**Olympic Gold Medal Swimmer

In 1968, Jane Barkman, second from the left, postponed the beginning of her senior year at Radnor High School so she could compete on the United States swimming team at the Olympic Games in Mexico City. At those Games, which were held in October, she won a gold and a bronze medal, helping the US 4x100-meter freestyle relay team set an Olympic record. Four years later, Jane returned for the 1972 Olympics which were held in Munich, Germany. Again, she was a member of the 4x100-meter freestyle team that captured the gold medal and broke another Olympic record. Jane is a graduate of Salem College, North Carolina.

Sponsored by: Jim Balk



#### **Theresa Shank Grentz**

All-American Basketball Player & Olympic Coach

A native of Glenolden, she was an All-Catholic basketball player at Cardinal O'Hara High School. She was a member of three national championship teams at Immaculata College under coach Cathy Rush and was National College Player of the year in 1973 and 1974. She played on the American team which finished second in the World University Games in Moscow in 1973. She began her coaching career at Saint Joseph's University, then was head coach at Rutgers University from 1976-94, where her 1981-82 team won the AIAW national championship. Became head coach at the University of Illinois in 1974. She was on the coaching staff of the United States team which won the gold medal at the 1990 World Championships in Malaysia and the 1990 Good Will Games in Seattle. She coached the United States Women's Team, which won the bronze medal at the 1992 Summer Olympic Games in Barcelona, Spain. Theresa was inducted in to the Women's Basketball Hall of Fame in 2001.

#### **Rene Muth Portland**

All-American Player & NCAA Coach Of The Year

Rene Portland, a native of Broomall and a graduate of Villa Maria Academy, was a member of three National Basketball Championship teams at Immaculata College from 1972-1974. She also won three, Outstanding College Athlete of America Awards and a New York Press All-American Citation as a forward and center on the All-American team. After graduation, Rene coached at St. Joseph's and Colorado before beginning a career coaching at Penn State, where her teams have captured five Atlantic 10 Conference titles. The two-time National Coach of the Year has led Penn State to the Big Ten Title, a Final Four appearance in 2000 and has compiled over 600 wins.



Page Sponsored by: "Bo" Ryan Head Basketball Coach University of Wisconsin



#### **Brenda Borgh-Bartlett**

Olympic Swimmer

Brenda Borgh Bartlett is a 1977 graduate of Marple Newtown High School, and still holds the county record for the 200-meter freestyle, set in 1977 while at Marple Newtown. A product of Suburban Swim Center in Newtown Square, Brenda is an Olympic swimmer who performed in the 1976 Montreal games, finishing 6th in the 400-meter freestyle.

After graduation from high school, Brenda attended the University of Florida, where, as a member of the swim team, she helped the Gators to a AIAW national championship in 1979. An All-American swimmer at the University of Florida, Brenda has competed on the USMS circuit, posting twenty-seven top ten finishes. She is a graduate of Auburn University and later received a masters degree from the University of Delaware.

Brenda continues to remain active in swimming by supporting Swim Across America, an organization that raises money and promotes awareness for cancer research.

**Sponsored by: Nick Trainer** 



Charlene Morett
Olympic Bronze Medalist in Field Hockey

Charlene Morett, who was an outstanding field hockey and basketball player at Lansdowne- Aldan High, played field hockey at Penn State, where she was among the Lions' all-time leader in goals and assists. After graduation, she became the head coach of field hockey at Boston College before returning to Penn State to become the Lions' head coach in 1991. Her first team made it to the NCAA Division I Final Four, and in 2000, she was selected Mideast Region Coach of the Year. In 1980, she made the US Olympic Field Hockey team, but did not compete at the Games in Moscow because of the American boycott. However, she remained with the team in 1984 and helped the United States capture a bronze medal at the Olympics in Los Angeles. Char has more than 450 career victories. In 1989 she was inducted into the USA Field Hockey Hall Of Fame.

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#### **Karen Shelton**

Olympic Bronze Medalist in Field Hockey

Karen Shelton played field hockey at Marple Newtown High School and was National College Player of the Year in leading West Chester University to Division I Championships in 1977 and 1978. After graduation, she became the head field hockey coach at the University of North Carolina, where her teams won the NCAA Division I National Championships in 1989, 1995 and 1996. In 1999, Karen was named Delaware County's Field Hockey Player of the Millennium by the Daily Times. In 1980, she made the US Olympic Field Hockey Team, but did not compete at the games in Moscow because of the American boycott. However, she remained with the team in 1984 and helped the United States capture a bronze medal at the Olympics in Los Angeles. Karen has over 550 career victories and in 1989 she was inducted into the USA Field Hockey Hall Of Fame. (Photo Courtesy of the University of North Carolina Athletic Department)

Chris Larson
Olympic Bronze Medalist in Field Hockey

Chris Larson, who was an outstanding field hockey, basketball and softball player at Interboro High School, continued playing field hockey at Penn State, where she set a school record for assists. After graduation, she began coaching field hockey and lacrosse at Williams College. In 1980, she made the US Olympic Field Hockey Team, but did not compete at the Games in Moscow because of the American boycott. However, she remained with the team in 1984 and helped the United States capture a bronze medal at the Olympics in Los Angeles. Chris has recorded 202 wins in 19 seasons as Field Hockey Coach at Williams College. In 1989 she was inducted into the USA Field Hockey Hall Of Fame.



Page Sponsored by: Harry Chaykun



#### **Cindy Gilbert**

#### Three Time Archery All-American

Cindy Gilbert-Bevilacqua's archery career spans four decades as an athlete, mentor, and coach. Most recently, she was Team Leader for the USA Olympic Archery Team during the 2012 London Olympics. She is currently on the Board of Directors for USA Archery, and is President of FITA Archers of PA. She is a Level 4-NTS regional coach, and regularly travels with US archery teams to international competitions.

Cindy began archery as a young child. In college at James Madison University (JMU), she was a three-time archery All-American and a member of the first JMU team in any sport to win a national championship. She placed third in the 1982 U.S. Intercollegiate Championships, when the JMU team won the national title, and third again in 1983. She placed sixth in the 1984 U.S. intercollegiate tournament, when she was named to the U.S. National Team. She finished second in the 1984 U.S. Indoor Championships and third in 1983. Cindy continued to compete in the sport following graduation from JMU and was named the 1995 Pennsylvania Athlete of the Year.

Her accomplishments as a competitor in archery are equaled by her contributions as a coach. One of her highest awards came in 1996, when the U.S. Olympic Committee named her Archery Development Coach of the Year. She obtained Level IV National Coach Certification in 1996, when as head coach, she designed the advanced training camp program at Lake Placid, NY.

Cindy became head coach of the U.S. Junior Team and assistant coach of the Junior World Championship team in 1996 and 1998, then head coach of the U.S. Junior Team Training Camp in 1999 and head coach of the U.S. Junior Team for the 2000 World Championships in France. In 2000, she earned the level of National Coach. She has been head coach of the Middletown (PA) Junior Olympic Archery Development (JOAD) Team since 1984 and the JOAD East Regional coordinator since 1992.

In 2000, she was inducted into the JMU Hall of Fame. She went on to be the Pan Am Women's coach in 2003, and the Assistant Women's Olympic coach in 2004. In 2010, she was honored by Penncrest, her high school alma mater, by being inducted into its Hall of Fame. Cindy is a native of Media, PA, where she continues to promote the sport among archers of all ages at Middletown Archery.

#### Sponsored by: Media Area Sports Hall of Fame



Candy Finn-Rocha
Two Time Lacrosse Player Of The Year

Candace Finn Rocha began her playing career as the center for Penncrest High School (Pa.). She was a three-time Central League All-Star and MVP and captain her senior year.

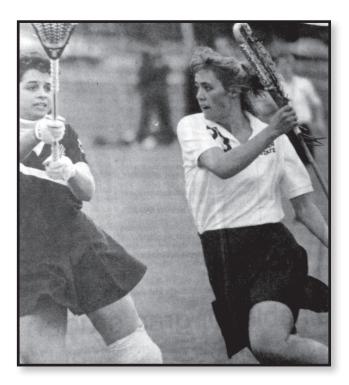
She played second home for Penn State University from 1979-82, winning the National Championship in 1979 and 1980. She was a four-time All-American, the leading scorer all four years, holds various records including highest individual point average in a career, and won the Broderick Award as the collegiate Player of the Year in 1981 and 1982.

She played for the U.S. Touring teams of 1980 and 1981, and the World Cup teams of 1982 and 1986. Courtesy of US Lacrosse, Joe Finn Archivist.

Sponsored by: Phil Damiani, President Media Area Sports Hall of Fame

#### PENN STATE WOMEN'S LACROSSE SCORING LEADERS FROM DELAWARE COUNTY

NAME	YEAR	HIGH SCHOOL
Sharon Duffey	1975, 1976, 1977, 1978	Penncrest
Candy Finn	1979, 1980, 1981, 1982	Penncrest
Marsha Florio	1983, 1984, 1985	Penncrest
Tami Worley	1987. 1988, 1989	Marple Newtown
Megan Smith	1990, 1991	Strath Haven
Mary Ann Foley	1991	Marple Newtown
Donna Bucci	1993	Strath Haven
Tam Crowe	1997	Springfield
Colleen O'Hara	2001, 2002, 2003	Haverford
Jessi Lieb	2008	Radnor



Megan Smith Fizzano

Lacrosse

The Pennsylvania State University Hall Foundation Award. Presented to Megan L. Smith. The Outstanding Senior Woman Athlete 1991.

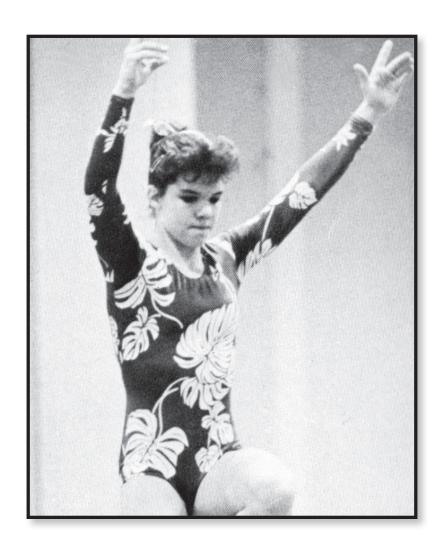


Tami Worley

Lacrosse

The Pennsylvania State University Hall Foundation Award. Presented to Tami Worley. The Outstanding Senior Woman Athlete 1989.

This page is dedicated to the memory of John Smith. Inducted into the Delaware County Athletes Hall of Fame 2005



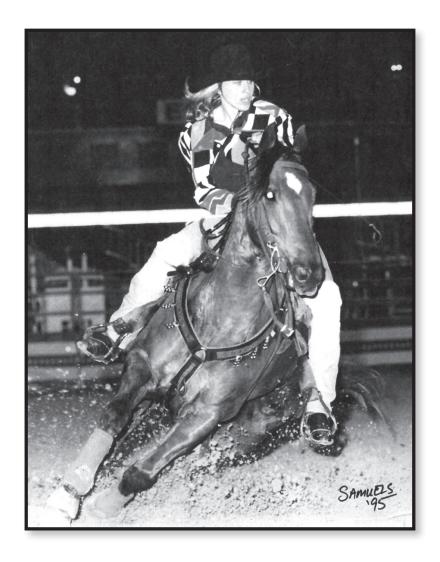
**Donna Fletcher** *Gymnastics Pennsylvania State Champion* 

Ridley High School's Donna Fletcher is the most decorated gymnast in the history of Delaware County. Fletcher, who came from a very acrobatic family, began her gymnastic career as a ten year old. At Ridley High, she qualified for the Pennsylvania State Championships in 1985 as a freshman and surprisingly returned home with a fifth place medal in the all-around competition. The following year, she again made it to the state meet where she competed in the advanced level and this time captured the gold medal in the all-around. At those states, she also added an individual gold medal in the balance beam.

As a junior, Fletcher again won the all-around state title for the second consecutive year. During her senior season, where she was co-captain of the Green Raiders squad, she competed in her fourth consecutive state championship meet, where she won a bronze medal in the vault and finished fourth in the all-around.

During this time, Fletcher also captured three consecutive Central League all-around titles and added a District One all-around championship in 1987 and a second place finish in 1988. She also competed for Betty Ann Cooper's Delco Gymnastic Club, where she won numerous individual and all-around championships throughout her club career.

#### **Sponsored by: Ridley Township Old Timers**



**Kim McKee** *Rodeo National Collegiate Champion* 

When Kim McKee graduated from Sun Valley High School in 1988, she realized that her desire to compete in the sport of rodeo dictated that she needed to go where the competition was.

Her first step along the way in this regard was to attend North Western Oklahoma State University. After a time, she transferred to the University of Tennessee at Martin to compete for them. The events she competed in were goat tying, breakaway calf roping, team roping and barrel racing.

Kim placed regionally at the top in all events except team roping but found that barrel racing was her forte. She excelled in this event at regional competion to the extent that she found herself representing UT Martin at the National Finals in Bozeman, Montana. At this competition, aired on ESPN, she won the National College Finals Championship.

After college, Kim rode exclusively as a professional, making it to the International Rodeo Finals in Wichita Kansas. In 2009, UT Martin recognized her accomplishment by inducting her into their Hall of Fame.

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Mary Ellen Clark
Olympic Bronze Medalist in Diving

Mary Ellen Clark, who was a State Champion and Junior Olympics Champion in diving at Radnor High School, later competed in diving at Penn State. In 1992, at age 29, she captured a bronze medal in 10-meter platform diving as the oldest member of the US team in Barcelona, Spain. Four years later after overcoming illness and injury, Mary Ellen earned another bronze medal at the Summer Games in Atlanta, Georgia. At age 33, she had become the oldest Olympic diving medalist in history.

Sponsored by: Jim Balk



#### **Mares Stellfox**

#### Professional Auto Racing Champion

Mares Stellfox just loves to drive fast. From the age of four, she has wanted to drive race cars. In 1984, Mares--a Springfield High School graduate--made her debut in the world of micro sprint racing with her car at Delaware's Airport Speedway. By the end of the season, she had achieved her goal of finishing among the top ten drivers in her class. The following year, she achieved a new goal of finishing among the top five drivers. The year after that, she won the championship.

Back in 1988, when she was still struggling to gain acceptance as a driver, she joined a racing club called the Tri-State MicroSprint Outlaws. Mares was the only woman among the nearly 100 men in the club. Because of her unique status, she became known in the racing world as "The Lady Outlaw". In this new venture, it took Mares and her team on the road to compete in their goal of almost 100 shows that year ... narrowly missing their mark due to several rain outs.

In 1989, Mares moved up to the full-size midgets and became the first woman to win Rookie of the Year with the American Racing Drivers Club (ARDC), another traveling series. She continued to run with them and then the United Racing Club (URC) for three full seasons before taking a break for personal reasons. Before that "semi-retirement", Mares accomplished much and broke many barriers in the sport of auto racing, long considered a man's sport. She had many firsts, winning many heat races, and a feature race at Delaware International Speedway in Delmar, DE, becoming the first woman to qualify for an A-main with the World of Outlaws. Mares was even contacted by the president of the California Racing Association (CRA) and flown to California to race Leland McSpadden's back-up car for a special race.

In January 1994, Mares got the call to join the ranks of NASCAR, but had to pass up the chance for personal reasons. She was out of racing until 2001, when Joe Grandinetti, a car owner Mares met while driving with ARDC, asked her to get back behind the wheel to drive for him in the Jasper sprint car series at Bridgeport Speedway in New Jersey. 2001 belonged to Joe and Mares, as they had several feature wins, including a sweep of the twin twenties one evening, and breaking three track records, which she held for a number of years.

By 2004, Mares was back running URC with a car owned by Fred Kennedy. Upon her return, she continued to make new marks in the sport. She won the prestigious Most Improved Driver award in her second year back. In 2006, she won another feature at Delaware International Speedway, overcoming a serious steering box issue. A few weeks later, she followed up that win with a very impressive win at Penn Can Speedway by taking the lead coming out of the last turn on the last lap in a 20-lap feature race. Mares is the only driver to win the Bars Leaks award by coming from the B-main to win the A-main.

Currently, Mares is helping Joe Grandinetti, now owner of the Tri-State RaceSavers (TSRS) sprint series, to promote the series and run the shows. For more information on TSRS, you can visit their website at www.tsrs1.com. (Photo by: Jim Young Race Photos)

#### Sponsored by: Charles "Chuck" Taylor



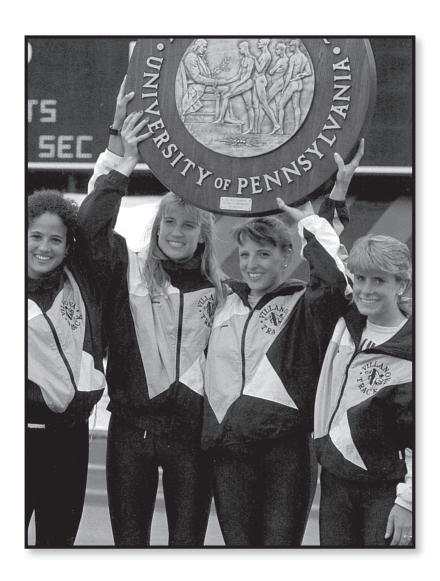
Fredia Gibbs
Professional Boxing Champion

Fredia Gibbs, nicknamed "The Cheetah" and sometimes referred to as "The Most Dangerous Woman in the World", is a sports icon and kickboxing legend. Gibbs, a 3-time World Champion in kickboxing, is a graduate of Chester High School and, in 1988, Cabrini College, where, after an all-American career in the sport of basketball, she went on to play professionally in Europe.

Fredia returned to the US in 1990 and took up the sport of kickboxing. As a teenager, Fredia's Uncle William Groce was instrumental in getting her started in karate at Quiet Storm Karate School under Master Rick Berry. Fredia became a fierce competitor, amassing a 16-0 record, and in 1994 became the first African-American female to hold the world title. After kickboxing, Fredia moved to the world of professional boxing, making her debut in 1997. She retired from the ring in 2002, with a record of 9-2-1.

In addition to excelling as a professional athlete, Fredia has also had success outside the ring as an actress, and sports model, having been featured in many magazines as well as film and TV. In 1996 Fredia was inducted into the Chester High School Hall of Fame. Photo courtesy of Tony Duffy

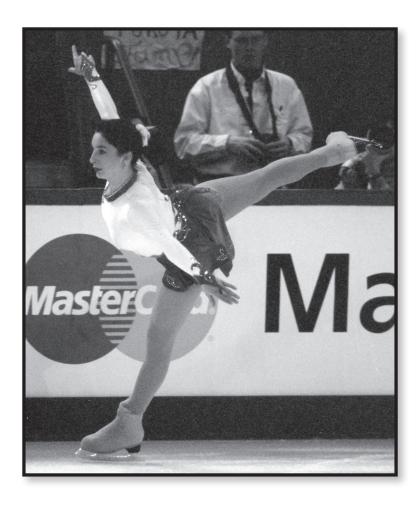
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Kate Fonshell Track Olympian

Kate Fonshell, on the far right, captured a state indoor mile championship at Penncrest High School, and was selected as the Daily Times Female Athlete of the Year in 1987. At Villanova, she was a six-time All-American, running for Coach Marty Stern. She was also a member of two national champion Wildcat cross-country teams. In 1996, Kate finished first at the US Olympic Trials in the 10,000 meter run and a spot on the Olympic team. Unfortunately, in Atlanta, she did not qualify for the finals and lost the opportunity to win a medal. She is a member of Penncrest High School Hall of Fame and Villanova University Hall of Fame.

Sponsored by: John Lohn Sr.



#### Mojca Kopa-Tiernan

Three Time Olympic Figure Skater

Mojca (pronounced MOY-T-SA) started skating in 1980 at the very young age of 5 years old. She was introduced to the sport by her grandmom, who was looking for an outlet for her very energetic granddaughter. At the age of 17, Mojca qualified for her first Olympics. She was the first female skater to represent the newly declared country of Slovenia after it disbanded from Yugoslavia in 1991.

Mojca came to IceWorks in Aston, PA, Delaware County to train from 1998 until 2005. She came to Delaware County to train at IceWorks because of choreographer and coach Uschi Keszler, who is a part owner of IceWorks. Mojca came to Pennsylvania to do her summer training which she normally did in Germany in preparation for the 1998 Olympics. Mojca had a desire to train at coach Uschi Keszler's newly opened ice facility, IceWorks Skating Complex. Uschi had developed a different approach to the sport, using unique and her personal style in her programs. It was this unique approach that drew Mojca to IceWorks Skating Complex in Delaware County. While she trained here, Mojca resided in Media, PA. It was her home for many years as she continued to qualify for the Olympics. Mojca has competed in three Olympic Winter Games, 1992 in Albertville, France, 1998 in Nagano, Japan, 2002 in Salt Lake City, Utah. Mojca was the Slovenia National Champion for 10 years. She competed in 11 European Championships in her career as well as 9 World Championships.

Today Mojca is retired from competitive skating. She currently is a full time coach at IceWorks Skating Complex teaching skaters from 5 year old beginner skaters through High School aged skaters. She is the mother of two girls, Kaya ( age 4 ) & Lena ( Age 2 )and is proud that she has stayed here in Aston, PA to make Delaware County her home.

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## Marianne Stanley WNBA Basketball Coach

Marianne Stanley, who was born in Yeadon and grew up in Upper Darby, was an All-Catholic basketball player at Archbishop Prendergast High School. At Immaculata College, she was a four year starter who helped coach Cathy Rush's Mighty Macs win three National Championships. She also was chosen for the US All-Star team which faced the Russian National team in 1974. After graduation, Marianne coached at Old Dominion University, where she compiled a 269-59 record and captured three national titles. She also coached at the University of Pennsylvania, Southern California and Stanford where her record in 21 years was 415-224. After leaving college coaching, she became an assistant with the Los Angeles Sparks of the WNBA before becoming head coach of the WNBA's Washington Mystics in 2002. In April of 2002, Marianne was inducted into the Women's Basketball Hall of Fame.

### Linda Hill-MacDonald

WNBA Basketball Coach

Linda Hill MacDonald, who played basketball at Ridley Township High School and West Chester University, returned to coach the Ridley girl's basketball team to consecutive Central League titles in 1976 and 1977. The 1976 squad is the only Ridley girl's basketball team to capture a PIAA Class AAA District One Championship. In 1980, MacDonald became the Head Coach at Temple University, where she stayed for ten years before moving to the University of Minnesota. The WNBA came calling in 1997 and she spent three years as the Head Coach of the Cleveland Rockers, where she won the Eastern Conference Title. During this time, she was also an Assistant Coach at South Carolina and later got back into the WNBA when she assisted Marianne Stanley with the Washington Mystics.



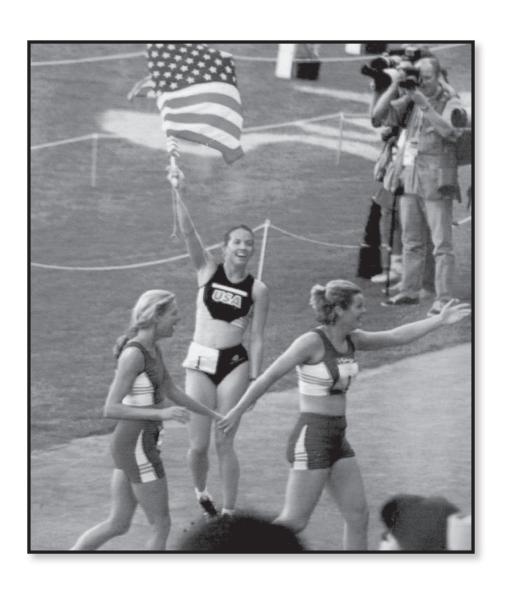
Page Sponsored by: "Bo" Ryan Head Basketball Coach University of Wisconsin



**Dawn Burrell** Track Olympian

Dawn Burrell, a two-time Daily Times "Track Athlete of the Year," won the 60-meter hurdles and 300 yard dash at the Indoor State Championships, and then, like her brother Leroy, she captured four events, (100 and 300 meter hurdles, long jump and triple jump), and helped Penn Wood win the 1991 PIAA Outdoor State Championship. Dawn also competed in track at the University of Houston. In 1999, she defeated Marion Jones to win the long jump at the US Track and Field Championships. A year later, Dawn competed at the 2000 Olympics in Sydney, Australia, where she finished 11th in the long jump.

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Emily DeRiel
Silver Medalist Winner Olympic Pentathlon

Emily DeRiel graduated from Haverford High School in 1992. Emily was a Silver Medalist in the Modern Pentathlon at the 2000 Olympics in Sydney Australia. The pentathlon consists of five events: pistol shooting, fencing, swimming, horseback riding, and running. Emily first competed in this contest while completing Graduate Studies at Oxford University in England. She quickly improved and trained with the National Team in San Antonio, Texas. She had to compete in several World Cup contests in order to qualify for the Olympics.

In high school, Emily participated on Haverford's swim team and track team. She qualifies three times for the PIAA State Championship in swimming. She continued her studies and her swimming at Yale University.

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**Theresa Dunbar** *PA State Hall Of Fame in Softball* 

Theresa Dunbar is a 1974 graduate of Archbishop Prendergast High School, where she won All Catholic distinction in basketball, softball, and track. After graduating from West Chester State College In 1978 with a degree in Health and Physical Education, she spent 3 years in Cologne, West Germany coaching and playing basketball.

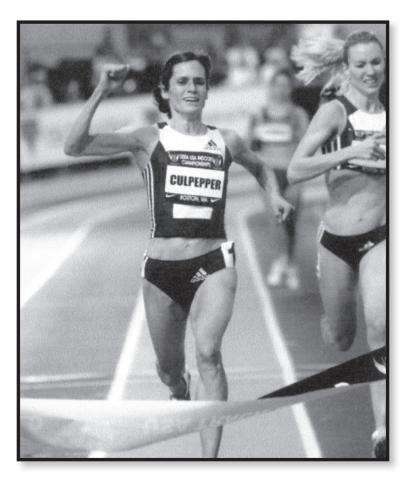
In 1977, the Sharon Hill AA fast pitch softball team began playing in the Del Val Women's Softball league. Following her stint in Germany, Theresa became a member of that team--a team that over the next 15 years would win 11 league titles and 3 state championships. At the 1984 National Softball Tournament in Albuquerque, NM, Theresa was named 1st team All American.

While continuing to play fast pitch, Theresa began playing slow pitch softball in 1993. In 1994, playing for Media Spirit, she was the MVP of the Daily Times Tournament. She also played for Max Magee's when that team won the ASA class B Eastern National Championship in Auburn AL. Theresa, along with 4 teammates, was selected 1st team All American. Max Magee's went on to win the National Championship in Montgomery AL.

In 2000, Dunbar was named woman softball player of the Millennium by the Daily Times, sharing the distinction with Don Westbrook, winner of the men's honor. In 2007, playing with the Delaware Blue Chicks, she won a gold medal at the Senior Softball Games in Louisville KY.

Because of her continuing record of achievement, Theresa has been inducted into the Delaware County Hall of Fame and the ASA of PA Softball Hall of Fame.

Sponsored by: Joe Organek Amateur Softball Association of Pennsylvania District 6



Shayne Willie-Culpepper Track Olympian

Shayne Willie Culpepper graduated from Haverford High School in 1992. Willie represented the United States at the 2004 Olympic Games in Athens after capturing the title in the 5,000 meters at the United States Olympic Trials. She got her start in track at Haverford where she was an outstanding cross country and track competitor. She began her collegiate career at the University of Vermont, but transferred to the University of Colorado. She walked on the Colorado track and cross country teams and became an All-American. In 2,000, Willie finished a heartbreaking fourth in the 1,500 meters at the Olympic Trials, but was able to represent the U.S. in Sydney, Australia after a teammate withdrew from the team. She ran a 4:12.52 and finished ninth in her first round heat. In 2003, after taking two years off from racing to have a baby, Willie won the non-Olympic Cross Country National Title. In March 2004, she won a bronze medal in the 3,000 meters at the World Indoor Track and Field Championships. In July 2004, she finished first in the Women's U.S. Olympic Trials 5,000 meters (15:07.41) to earn her second trip to the Olympics. At the University of Colorado, Willie finished third in the 3,000 meters at the NCAA Championships. She was a four time, Big 12 Conference Champion in the 1,500 meters and 3 K and in indoor track (mile and 3K). She earned All-American honors three times and was named the University of Colorado Female Student Athlete of the Year in 1997. She was consistently nationally ranked in track, finishing as high as third in the 1999 U.S. Outdoor Track Championships. Photo: Coloradanmagazine.org

#### **Haverford High School Sports Hall of Fame**



Renee Hykel-Cuddy
Rowing - 2008 Olympics Beijing

Renee is a retired Olympian who competed in the 2008 Olympics for the USA in the lightweight women's double scull where she finished 10th. Renee hails from Havertown, PA and is a graduate of Haverford High. She competed for the U.S. Rowing team for six years earning silver and bronze medals in the World Championships of Rowing. She competed internationally as a lightweight sculler for the U.S. in many countries including: Japan, China, Taiwan, Germany, Italy, Spain, Switzerland, England, Poland and Canada. She learned to row on the Schuylkill River at St. Joseph's University where she was the team captain and M.V.P. Renee is now an attorney practicing immigration and family law at Hykel Law.

## Sponsored by: Nielsen-Kellerman, Manufacturing Rowing Performance Tools since 1978



**Kia Davis** *Track - 2008 Olympics Beijing* 

Kia Davis, a four-time All-Delco selection in track, was named Daily Times Track Athlete of the Year as a junior and a senior at Chester High. In her varsity track career, she won 10 state-meet medals, six of which were gold, and helped Chester win two district team titles and one state team title.

Her track resume includes six NCAA national titles, earned while competing for St. Augustine's College in Raleigh, NC, and a silver medal, won with the US team in the 2006 World Indoor Championships held in Moscow, Russia.

Kia has dual US-Liberian status as a result of her father being born in Liberia. As a result, she was was able to compete as a member of the Liberian track and field team in the 2008 Olympics in Beijing, China. Kia is currently Assistant Head Track and Field coach men's and women's sprints and hurdles at the University of Pittsburgh. Kia was inducted into the Chester High School Hall of Fame in 2004 and the NCAA Track and Field Hall of Fame in 2009.

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Gina Kearns
Boston University Leading Scorer in Ice Hockey

Gina Kearns graduated from Interboro High School in Prospect Park, Pa. in 2005, where she was a senior captain of the boys' varsity ice hockey team during the 2004-05 season. She played for the Princeton Tiger Lilies of the Mid-Atlantic Women's Hockey Association in 2004-2005 and totaled 121 points (81 goals, 40 assists) in 51 games. As an assistant captain, she led the Tiger Lilies to the bronze medal at the 2005 USA Hockey Girls' 19 & Under National Championship. She also captained the Philadelphia Little Flyers of the MAWHL in 2003-04 and tallied 146 points (92 goals, 54 assists) in 53 games.

At Boston University, the Norwood, Pa., native was a member of the university's first NCAA Division I team. She became the program's all-time leading scorer as she notched 52 goals and 50 assists during her four-year career. Kearns was the first Terrier to tally more than 50 goals and 100 points and was the only three-year captain in school history.

After graduation from BU in 2009 Kearns began her coaching career. She spent two seasons at Neumann University before becoming Assistant Coach for Penn State University's Inaugural Division I Women's Ice Hockey Team. Instrumental to Penn State's recruiting and offensive efforts, she has recently concluded her second season as assistant coach in 2013-14.

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#### Karen Shump

#### All-USA Track & Field Team

In her sophomore year at Penncrest High School, Karen Shump won 18 games as a Pitcher and hit .440, leading the girls softball team to the State Tournament. She gave up softball to focus on Track and Field. Having already won the PIAA State Track and Field Championship as a Freshman Shot Putter, Karen went on to establish herself as Delaware County's and Pennsylvania's most celebrated Shot Putter. Karen made history as the first-ever female to become a four-time Pennsylvania Class AAA outdoor State Shot Put Champion and two-time "Delaware County Daily Times" Female Athlete of the Year. Karen also claimed the 2008 State Title in the Discus and was named a 2008 All American by Track and Field News. Karen was a two-time member of the USA Today All- USA Track and Field Team.

Karen entered 2008 as the nation's top high school athlete in the shot put and won the Nike Indoor Nationals with a throw of 52-4.00. She still holds the all-time shot put record for the Delaware Valley Girls Track and Field Coaches Association.

Heavily recruited by collegiate track powers, Karen selected the University of Oklahoma and enjoyed a stellar career, receiving numerous awards. She established Collegiate Bests of: Indoor Shot Put: 58-11.50 and Outdoor Bests of 57-2.25 in the Shot Put and 182-9 in the Discuss. Career Championship highlights include: Gold in the Shot Put at the 2010 U-23 NACAC's multiple Indoor/Outdoor Big 12 titles, including Big 12 Freshman of the Year. Karen was named All-American Indoors/Outdoors for the Shot Put. Karen Shump is truly a once in a lifetime athlete.

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Gina Procaccio
Two Time National NCAA Coach Of The Year

Gina, a 1987 graduate of Villanova University out of Sun Valley High School, has achieved success at the highest level as both an athlete and a coach. As an athlete, she has made her mark in Villanova's women's track record book. Among her many accomplishments, she ran the lead-off leg of the 4x 800 meter relay that won a NCAA championship with a world record time of 8:24.77. As a coach, Gina has just completed her 14th season as head of Villanova's cross country and track and field teams. Since taking over as head coach in the fall of 2000, she has guided Villanova to two National Cross Country Championships in 2009 and 2010. In both of those years, she was named NCAA National Coach of the Year and her team was named the Scholar Team of the Year by the US Track and Field and Cross Country Coaches Association. Photo: LetsRun.com

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**Lisa Raymond** *Tennis Grand Slam Winner* 

Lisa Raymond, a Wayne native and current resident of Upper Providence Township in Delaware County, attended the University of Florida. As a Florida Gator, she won the NCAA singles title in 1992 and 1993 and led the Gators to their first-ever NCAA national team championship in 1992. Her achievements won for her the 1992 Tennis Magazine Collegiate Player of the Year award, the 1992 and 1993 Broderick Award and the 1993 Honda Award for collegiate tennis.

Turning professional, Lisa has claimed six Grand Slam titles in women's doubles and five Grand Slam titles in mixed doubles. During her career, she has partnered with some of the best, including Lindsay Davenport, Martina Navratilova, Rennae Stubbs and Samantha Stosur. In 2012, Lisa partnered with Mike Bryan, winning a bronze medal in the mixed doubles event at the Olympics in London.

Lisa has recently accepted an invitation from Billie Jean King to join the front office, representing the Philadelphia Freedoms of World Team Tennis. Photo credit Philadelphia Freedoms.

Sponsored by: Springton Tennis Club, Manager Donna Gallagher



**Shannon Grady**World Class Triathlete

Shannon was a track recruit out of Sun Valley High School, where she was a top distance runner, to the University of Florida, where she was a collegiate All-American track athlete and earned Bachelor's and Master's degrees in Exercise Physiology with a minor in Biochemistry/Sports Nutrition. She has competed professionally for the FILA Discovery USA and Power Bar Team elite, specializing in the 1500 m and 5 k events. She has served as the Head Speed, Strength and Conditioning Coach for the Philadelphia Charge women's professional soccer team, and as strength and conditioning coach for the Philadelphia Wings men's professional lacrosse team.

Currently, Shannon works as a sports physiologist specializing in lactate threshold testing and is a member of Team USA Triathlon, competing in triathlon sprint, Olympic and Half Iron distance events. (Photo: PruHealth 2013 World Triathlon, London)

#### Sponsored by: Aston Sports Hall of Fame



**Shelbey Manthorpe** *Volleyball First Team Big East* 

Shelbey Manthorpe began her volleyball career at St. Dorothy School in Drexel Hill. In high school, while playing for Merion Mercy Academy, her volleyball team won four consecutive PIAA AA State Championships; Shelbey was named All State three times and was the MVP of the PIAA AA Championships during her junior and senior years, as well as, the MVP of her school team. As a senior, Shelbey was named Pennsylvania Gatorade Player of the Year. Shelbey played club volleyball with Synergy Volleyball Club and her team qualified for Nationals all seven years she played there. She was named as a USA Volleyball All American four times. Her Synergy team placed second at Nationals in the highest level of competition during her junior and senior years in high school. Shelbey currently attends Seton Hall University in South Orange, New Jersey where she is the starting setter and co-captain. She has been named Second Team All Big East twice and First Team All Big East once. To date, Shelbey has been named the Female Athlete of the Year at Seton Hall twice. As a freshman, Shelbey received the Scholar Athlete award. Shelbey is the first player in Seton Hall history to record a triple double of which she has recorded 22 in her three years at Seton Hall. Throughout her volleyball career, there has been one steadying force, her ability to achieve her success while playing with her twin sister, Stacey, also highly decorated, along the way. (Photo by: Gabriel Rhodes GR Productions)

Sponsored by: Museum volunteers, John Shelsy, D.W.Jefferis, Norma and Ray Locke, Nancy Bush, Irene Smith, Art Buckley and Tom Harmon



**Sinead Farrelly**Professional Soccer Player

Sinead Farrelly attended Haverford High School, where she was a four-time team MVP in soccer. She continued playing the sport at the University of Virginia, where she was a standout player, earning All-Atlantic Conference honors four years in a row, from 2007 through 2010. In 2010, Sinead was named ACC Offensive Player of the Year. A two-time MAC Herman Trophy semifinalist, she gained youth national team experience at five different international levels.

In 2014, The Portland Thorns, defending champions of the National Woman's Professional Soccer League, acquired the midfielder from Kansas City. Portland's head coach, Paul Riley, recalling his days coaching Sinead when she played for the Philadelphia Independence in 2011, says "she is smooth, intelligent and has an engine second to none".

#### Sponsored by: Haverford High School Sports Hall of Fame



**The Anderson Sisters** 

Women's National Curling Championships

Pictured above, from left to right, are sisters Sarah, Taylor, Courtney and Emily, who are all graduates of Marple Newtown High School where each of them played several varsity sports. However, their true passion was for curling and they are the only women's curling team completely made up of sisters to ever qualify for the Women's National Curling Championships. They placed sixth at the 2014 championships held at IceWorks in Aston. All the girls qualified for Junior Nationals three times with the best result coming in 2014 when Sarah and Taylor won the silver medal (as did their eldest sister, Larissa, in 2000). Both Courtney and Emily's junior team, as well as Sarah and Taylor's junior team, were voted by their peers at Junior Nationals as the team best demonstrating the "spirit of curling". Sarah and Taylor represented the USA at the first Winter Youth Olympic Games, which were held in Innsbruck, Austria, where their curling team went undefeated for the seven games in their round robin pool before losing in the quarter-finals. While still just in high school, Sarah was selected as the alternate for the USA Women's team, which placed fourth at the 2013 World Championships in Latvia and she was also selected as the second alternate for the USA 2014 Women's Olympic Curling Team. Photo courtesy of Arlene Anderson

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